

The Alvin Shrier Award

The Alvin Shrier Award honours the legacy of one of Physiology's dedicated former Department Chairs by recognizing students who show outstanding passion and involvement in the Physiology, McGill, and greater Montreal communities. Awarded by PULS, it celebrates one student in each year (U1, U2, and U3), with each recipient receiving \$100 to direct toward a charity of their choice. The award reflects a commitment to community impact, leadership, and service beyond the classroom.

Award Details

- Value: \$100 CAD donation to the charity of your choice (3 awards total)

Deadline

- Please submit all applications via the [submission form](#) by **March 9th, 11:59 PM**.

Eligibility

Applicants must be enrolled in one of the following programs at McGill University:

- Honours in Physiology
- Major in Physiology
- Liberal in Physiology
- Major in Physiology and Physics/Mathematics
- Interdepartmental Honours in Immunology

Application Requirements

Applicants must submit:

1. The name of the charity they wish to donate the money towards.
2. A cover letter identifying the charity you would like to support through the Alvin Shrier Award and explaining why you chose it.
 - a. Describe your personal connection to the cause, and highlight any related community involvement, advocacy, or passion projects. This letter is your opportunity to demonstrate why you should be selected to receive \$100 to donate to the charity of your choice. (max 500 words)

Evaluation

- Applications will be anonymized during the review process.
- The scholarship committee will consist of PULS Council members.
- The cover letter will be evaluated using a standardized rubric found below.

For any questions regarding the application process, please contact the PULS President (simone.dhingra@mail.mcgill.ca). Please note that no application feedback will be provided.

Cover Letter Rubric				
Criteria	Below Average	Average	Above Average	Excellent
Charity Choice & Motivation	Charity is not clearly identified, or the reason for choosing it is unclear and not connected to the prompt.	Charity is identified and a reason is provided, but explanation is general or underdeveloped.	Charity is clearly identified with a thoughtful reason that connects to the applicant's values and interests.	Charity is clearly identified and supported by a compelling, specific, and well-developed motivation.
Personal Connection to the Cause	Personal connection is missing, vague, or feels disconnected from the chosen cause.	Some personal connection is described, but it remains surface-level or lacks reflection.	Personal connection is clear and supported with relevant context and meaningful reflection.	Personal connection is authentic, specific, and deeply reflective, showing clear long-term commitment to the cause.
Community Involvement & Demonstrated Impact	Limited or no relevant involvement is described; impact is not evident.	Some involvement is mentioned, but contribution or outcomes are unclear.	Clear examples of involvement with evidence of contribution and emerging impact.	Personal connection is authentic, specific, and deeply reflective, showing clear long-term commitment to the cause.
Cover letter presentation	Letter lacks focus, is difficult to follow, or does not clearly communicate key points.	Main points are present but organization or clarity is inconsistent.	Letter is logically organized, focused, and communicates ideas clearly and professionally.	Letter is highly cohesive and purposeful, with clear progression of ideas and strong overall presentation.